

St Agnes Track and Field Program



1. Objective

St Agnes School Track and Field objectives are to instill good values in our children that will last a lifetime through the sport of track.

Our program creates opportunities to develop physical fitness, experience the joy of accomplishment, realize and appreciate diversity among individuals, inclusion in community and school related activities, and to build skills, friendships & self-esteem.

The values we want to also teach include but are not limited to: **encourage sportsmanship** at all times; respect oneself as well as their peers; build character and confidence, and above all else, to enable the youth to **enjoy the sport** of track. To achieve these goals, the St Agnes Track program encourages all participants, be it players (K-8) or coaches, to act in a responsible manner on and off the track.

2. Sportsmanship

Sportsmanship is displayed through conduct and attitude. It is imperative that all participants in the SAS program, coaches, players and spectators exhibit superlative sportsmanship both on and off the track.

- a. Any instances of un-sportsmanlike conduct will not be tolerated and the player(s) who exhibit such behavior will face disciplinary action including meet suspension or permanent expulsion from the program.
- b. Parent and spectators are not to speak to the officials, and parents should refrain from attempting to coach their children from the stands. Parents and spectators who violate the general rule of sportsmanship will be dismissed from the premises and may be asked not to return
- c. Coaches must lead by example in demonstrating fair play and sportsmanship to all players. Coaches must lead by example. Abide by and support the rules of Track and Field in general and in specific the rules adopted by each individual league. Be gracious in victory and defeat. Maintain a positive, helpful and supportive attitude toward all players and coaches in the track program. Never

forget that you are coaching someone else's children in a youth program.
Always emphasis fun and participation over winning and losing.

- d. Scorers and Timers must always remain objective to the events they are responsible for an immediate dismissal and removal from the eligibility list will result in any display of un-sportsman like conduct.