

## St Agnes Coaching Requirements



The St Agnes Sports Committee requires all coaches to attend two **mandatory** training classes.

Both courses are also required by the Newark Archdiocese, St Agnes School and the Parish



Volunteer Coaches' S.A.F.E.T.Y. Clinic

1. The Rutgers Youth Sports Research Council Coaching Course (3 hour course), **Cost: \$25.50**



2. Protecting God's Children seminar (3 hours) **Cost: Free**

In addition, any coach participating in a CYO sport (i.e., Volleyball, Jv Raven Basketball (3<sup>rd</sup> & 4<sup>th</sup> grade), Softball and Baseball must also take the following class. **Cost: \$20.00**

### **Catholic Coaching Essentials Online Training Class**

This is a **MANDATORY** course that all coaches must complete and pass online class PRIOR to season start. Failure to do so will result in a coach NOT being able to coach. Simple go to our website and click on the "Catholic Coaching Essentials Logo" and register for the class. There is a link on the Main Page of our Website, and the CYO/ R.E.A.C.H Page

### ***Catholic Coaching Essentials Online Course-PDF***

***This course is a self-paced online course designed to be taken by individual coaches. Catholic Coaching Essentials is a sport-neutral course centering on general coaching principles, sport first aid, and team management. At its core is the coach's role as youth minister, who can use sports as a venue to teach Gospel values, instill Christian character, and build community.***

## St Agnes Sports Program Guidelines for Coaches

1. All Play rule for players
  - a. Volleyball – Play one Full game per match
  - b. Basketball – All team members will play in every quarter – coaches will use their discretion in determining the amount of time
  - c. Baseball/Softball – One at bat & three outs in the field
2. Coaches will receive medical forms and rosters of players who have registered and paid from the executive committee either by hard copy or email attachment (a receipt will be maintained on file by the executive committee that each Head Coach received and opened the file). **It will be the responsibility of the coach to ensure that a current player's roster and medical form for each player is on file and physically maintained with the coach/coaches at all practices and games.**
3. Coaches need to go over all the rules and regulations with players and parents before the season begins.
  - a. Coaches will also need to inform all parents that they will be responsible to work the Father Mee and Father Whelan tournaments.
4. Coaches need to provide players and parents schedules (i.e., practice, game and directions to the schools) as well as post updated schedules on the web
5. Coaches will be required to provide game scores to webmaster for posting in a timely manner.
6. Gym Set up and breakdown
  - a. JV coaches will set up the gym and kitchen prior to each home game. Coaches will be responsible for soliciting help from parents.
  - b. Varsity coaches will be required to break down the gym and clean the kitchen after each home game. Coaches will be responsible for soliciting help from parents.
  - c. Varsity Coaches will be required to lock up the kitchen after the home game.
  - d. All coaches will be responsible for setting up kitchen duty schedules for all home games, to include set up and break down. Posting of each schedule should be provided on bulletin board and website.
  - e. Junior Raven coaches will be responsible for setting up and breaking down the gym and kitchen after each home game.
7. Coaches will receive uniforms and equipment from the Board and be responsible for collecting and returning them to a board member at the end of the season.

8. Clock and Book requirements

- a. Coaches will be responsible for obtaining a parent to do the clock each home game.
- b. An official score keeper will also be required. This can be a responsible student or a parent.

9. Children

- a. Children should not be allowed to play ball before the start of game, half time or after the game has ended. Teams must be able to practice.
- b. No outside Basketballs are allowed in the gym.
- c. Children should be reminded that they are not allowed to run around in the school and hallways.
- d. Children under the age of 18 are not allowed to be in the kitchen.

10. Kitchen Regulations

- a. Parents need to be informed that no food served by St Agnes will come in contact with the wooden butcher block or table.
- b. All food must be placed on the metal serving trays when preparation is required.